

## Questions for Conversation Cafes In the Time of Pandemic

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- Round 1: what are you thinking about it
- Round 2: what are you feeling about it
- Round 3: what are you inclined to do

### Other Questions to choose from - or for additional conversations

While any meaning making is guess work, what meaning are you making of this?

What gives you strength?

How are you trying to feel stable – anchored or in control?

Is there anything from your upbringing, faith or philosophy that's bringing you comfort?

What practices or phrases help you come back to yourself?

What has moved, inspired or motivated you?

Where do you feel confident...

Where do you feel frightened...

Thinking of the Serenity Prayer: what do you consider in your control and what out of your control?

What good might come of this?

Leadership is important in times of crisis:

-how are you stepping up?

-where are you finding inspiring leadership?

What's changed for better or worse?

For more information and hosting resources, visit [conversationcafe.org](https://conversationcafe.org)

For many more dialogue tools and resources, visit [ncdd.org](https://ncdd.org)

