Each person introduces themselves and speaks briefly on the topic, with no feedback or response.

Use Zoom, Skype or Google Hangouts to have great conversations with friends, family, neighbors and others online.

Assemble up to 8 people (plus host), choose a hearty topic, and explain the process and agreements.

ROUND ONE

Going around again without response, each person deepens their own comments or speaks to what has meaning for them now.

Open, spirited conversation. Host invokes group agreements if there is domination, contention, or lack of focus.

ROUND TWO

Without response, each person says briefly what challenged, touched, or inspired them.

GROUP AGREEMENTS...

open-mindedness

Listen to & respect all points of view

acceptance

Suspend judgement as best you can

curiosity

Seek to understand rather than persuade

discovery

Question assumptions & look for new insights

sincerity

Speak from your heart & personal experience

brevity

Go for honesty and depth - don’t go on and on

QUESTIONS TO GO DEEPER...

How does this affect you personally?

What in your experience led you to this point of view?

Here’s what I heard... is that what you mean?